



ActivCare Yorba Linda November 2023



Daily Activities

Newsworthy
Current Events

Walker's Club
Neighborhood Strolls

Thinking & Doing
Cognitive Exercises

Musical Moments
Interactive Entertainment

Fitness Activity
Stretching & Strength

Creative Arts
Artistic Expression

SPECIAL EVENTS

November 11
Veterans Day BBQ

November 23
Happy Thanksgiving

November 28
Birthday Party



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1 Aviation Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Wellness Exercise Program 1:00 Aviation History 2:00 Putting Green 3:00 Dessert and Coffee Social 3:30 BINGO 6:00 Moonlight movie	2 Día de los Muertos 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Scenic Drive: Picnic 1:00 Día de los Muertos History 2:00 Penny Marshall Trivia 3:00 Día de los Muertos Social 3:30 Día de los Muertos Art 6:00 Moonlight Movie	3 First Modern Auto Show 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Yoga with Brian 1:00 First Modern Auto Show 2:00 Badminton 3:00 Dessert and Coffee Social 3:30 Indoor Volleyball 6:00 Moonlight Movie	4 Dream Catcher Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Badminton 1:00 Dream Catcher Craft 2:00 Bean Bag Toss 3:00 Dessert and Coffee Social 3:30 Bowling 6:00 Moonlight Movie
5 American Football Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Spiritual Hymns 1:00 American Football Reminiscing 2:00 Football Game 3:00 Dessert and Coffee Social 3:30 Celebrity Cards 6:00 Moonlight Movie	6 First College Football Game 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Wellness Exercise Program 1:00 Scenic Drive 2:00 College Football Game 3:00 Dessert and Coffee Social 3:30 Balloon Toss 6:00 Moonlight Movie	7 Election Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Election Day Discussion 1:30 Live Entertainment Arnie Rios 2:00 Sing Along 3:00 Dessert and Coffee Social 3:30 Indoor Volleyball 6:00 Moonlight Movie	8 "Tennessee Waltz" Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Wellness Exercise Program 1:00 What is the Tennessee Waltz 2:00 Table Top Games 3:00 Dessert and Coffee Social 3:30 BINGO 6:00 Moonlight Movie	9 Nuts About Peanut Butter 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Celebrity Cards 1:00 Fun Facts: Peanut Butter 2:00 Paint By Numbers 3:00 Peanut Butter Social 3:30 Bowling 6:00 Moonlight Movie	10 Marine Corps Anniversary 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Yoga with Brian 1:00 Marine Corps Appreciation Day 2:00 SingFit 3:00 Dessert and Coffee Social 3:30 Cranium Crunches 6:00 Moonlight Movie	11 Veterans Day Remembrance Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Sing Along 12:00 Veterans Day BBQ 3:00 Veteran's Day Discussion 3:30 Indoor Volleyball 6:00 Moonlight Movie	
12 Chicken Soup for the Soul 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Spiritual Hymns 1:00 Chicken Soup Reading 2:00 Dear Abby's 3:00 Dessert and Coffee Social 3:30 Beachball Toss 6:00 Moonlight Movie	13 Vietnam Veterans Memorial Dedication 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Wellness Exercise Program 1:00 Scenic Drive 2:00 Vietnam Veteran's Discussion 3:00 Dessert and Coffee Social 3:30 Memorial Dedication Writing 6:00 Moonlight Movie	14 National Spicy Guacamole Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Cooking for the Senses 11:00 Nature Walk 1:00 SingFit 2:00 Turkey Pot Making 3:00 Dessert and Coffee Social 3:30 Balloon Parachute 6:00 Moonlight Movie	15 I Love to Write Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Wellness Exercise Program 1:30 Live Entertainment Mark Mayville 2:00 Thanksgiving Poem Writing 3:00 Dessert and Coffee Social 3:30 BINGO 6:00 Moonlight Movie	16 Fast Food Day Men's Lunch 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Fast Food Discussion 12:00 Men's Blue Tie Lunch 2:00 White Board Games 2:00 Balloon Badminton 3:00 Dessert and Coffee Social 3:30 Bowling 6:00 Moonlight Movie	17 World Peace Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 What is Peace Day to You? 1:00 Did You Know? 2:00 Cranium Crunches 3:00 Dessert and Coffee Social 3:30 Badminton 6:00 Moonlight Movie	18 Sing a Song Saturday 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Sing Along 1:00 Mickey Mouse History 2:00 Trivia 3:00 Dessert and Coffee Social 3:30 Table Top Games 6:00 Moonlight Movie	
19 Bible Study Sunday 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social Pet Therapy 10:30 Nature Walk 11:00 Spiritual Hymns Listening 1:00 Pilgrim Craft 2:00 Celebrity Cards 3:00 Dessert and Coffee Social 3:30 Bible study Reminiscing 6:00 Bible Study	20 Red Hat Ladies Lunch 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Scenic Drive 11:00 Wellness Exercise Program 12:00 Red Hats Ladies Lunch 1:30 Live Entertainment Roy Southerland 2:00 Build a Scarecrow 3:00 Dessert and Coffee Social 3:30 SingFit 6:00 Moonlight Movie	21 Turkey Talk Tuesday 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Gardening 1:00 Thanksgiving Reminiscing 2:00 Thanksgiving Craft 3:00 Gingerbread Cookie Social 3:30 Ring Toss 6:00 Moonlight Movie	22 Word Puzzle Wednesday Pumpkin Pie Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Wellness Exercise Program 1:00 Puzzles and Music 2:00 Where Am I? 3:00 Pie & Coffee Social 3:30 SingFit 6:00 Moonlight movie	23 Happy Thanksgiving! 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Sing Along 12:00 Family Thanksgiving Luncheon 1:00 Ez Does It Trivia 2:00 Turkey Watercolor Art 3:00 Dessert and Coffee Social 3:30 Badminton 6:00 Moonlight Movie	24 Shop 'til Your Drop Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Shop Till You Drop Reminiscing 1:30 Live Entertainment Greg Wideen 2:00 Indoor Volleyball 3:00 Dessert and Coffee Social 3:30 Riddle Me This 6:00 Moonlight Movie	25 Board Game Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 SingFit 1:00 Board Games and Music 2:00 Badminton 3:00 Dessert and Coffee Social 3:30 BINGO 6:00 Bible Study	
26 Casablanca's Anniversary 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Spiritual Hymns 1:00 Dear Abby's 2:00 Trivia 3:00 Parfait Social 3:30 Frisbee Toss 6:00 Casablanca Movie	27 Star Of the Month 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Wellness Exercise Program 1:00 Scenic Drive 2:00 Star of The Month 3:00 Dessert and Coffee Social 3:30 Match The Saying 6:00 Moonlight Movie	28 Puzzles & Prizes Day Birthday Party 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Wellness Exercise Program 1:00 Puzzles and Prizes 2:00 Putting Green 3:00 Birthday Celebration! 3:30 Red Planet Discussion 6:00 Moonlight Movie	29 Lemon Cream Pie Day 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Wellness Exercise Program 1:00 Fall Harvest Wreaths 2:00 Badminton 3:00 Lemon Cream Pie Social 3:30 BINGO 6:00 Moonlight Movie	30 Biscuit Cutter Crafts 8:30 Current Events 9:15 ActivFit 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Celebrity Cards 1:00 Biscuit Cutter Craft 2:00 Board Games 3:00 Dessert and Coffee Social 3:30 Bowling 6:00 Moonlight Movie			