

**ActivCare Orange** is full of energy, excitement, and has a schedule packed with fun. Check out what's on the agenda for August!

[View our Activities Calendar Here](#)

## Say Hello to Help

How many times has a friend asked if you need help? How many times have you said, "No thanks, I'm fine."

Asking and accepting help is not a sign of weakness; it's a sign of humanness. When you are willing to lean on those who offer their help and support, you become more centered and calmer.



With our magic wand, we are granting you the right to ask for help and we have a creative solution for you.

1. Take an ordinary piece of paper and stick it to your refrigerator.
2. Throughout the day, jot down something that you didn't get a chance to do, that you could really use help with. This could be grocery shopping, gardening, picking up stamps, picking up pet food, or any errand that you were not able to get to.
3. Next time anyone asks if they can help, share the list with them and ask what they would be able to do.
4. Not only will you cross a task off your list, but you will also provide an opportunity for a friend/family member to contribute, which is rewarding for them.

So the next time someone offers you help, say, "Yes!" Try it.

[Read More Tips Here](#)

## Become a Member of the Cornerstone Club

We only have a few spots left in our **Cornerstone Club** at ActivCare Orange.

Members of this elite club will receive these exclusive perks:

- 2 years of **guaranteed base rent\*** on the initial resident accommodation
- **Priority choice** of available room selections
- Monthly wellness **home visits** from our Nurse Case manager prior to move-in

Hurry, this offer is only available to a limited number of residents. Call **(714) 942-4006** and ask about the Cornerstone Club.

*ACTIVCARE*<sup>®</sup>  
*Orange*

*Residential Memory Care*

Schedule Your Visit

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